

Over the past two months, would you say the price of the following items has increased, stayed the same or decreased?



	British Columbia	GENDER		AGE			REGION			ANNUAL HOUSEHOLD INCOME			ETHNICITY			VOTE IN 2020 PROVINCIAL					
		Male	Female	18-34	35-54	55+	Metro Vancouver	Fraser Valley	Northern BC	Southern BC	Vancouver Island	<\$50K	\$50-100K	\$100K+	Indigenous / First Nation	European	East Asian	South Asian	BC NDP	BC LIB	BC GRN
Lunch at a restaurant																					
Increased	69%	67%	72%	62%	69%	75%	68%	65%	68%	76%	73%	62%	63%	68%	66%	71%	64%	60%	71%	68%	63%
Stayed the same	14%	17%	12%	19%	16%	10%	13%	21%	18%	11%	15%	19%	20%	17%	18%	14%	18%	15%	15%	17%	13%
Decreased	10%	10%	9%	14%	10%	6%	12%	8%	7%	8%	5%	5%	12%	13%	8%	11%	16%	8%	11%	16%	
Not sure	7%	6%	8%	5%	6%	9%	7%	6%	7%	6%	7%	14%	5%	2%	2%	7%	7%	9%	6%	4%	8%
Dinner at a restaurant																					
Increased	71%	68%	74%	64%	69%	77%	69%	67%	75%	77%	73%	65%	66%	71%	71%	73%	69%	62%	74%	70%	65%
Stayed the same	14%	16%	10%	19%	14%	9%	13%	19%	16%	10%	13%	18%	15%	19%	18%	13%	14%	16%	13%	14%	18%
Decreased	9%	9%	10%	13%	10%	6%	12%	6%	2%	6%	6%	4%	13%	8%	7%	7%	12%	17%	8%	13%	8%
Not sure	6%	7%	6%	3%	7%	8%	5%	8%	7%	8%	8%	12%	6%	2%	5%	8%	5%	5%	5%	3%	10%
Food delivery																					
Increased	49%	47%	51%	60%	54%	36%	52%	49%	56%	49%	37%	42%	51%	52%	59%	46%	42%	58%	49%	45%	53%
Stayed the same	16%	19%	14%	21%	18%	11%	16%	26%	18%	11%	16%	27%	13%	21%	18%	16%	19%	14%	17%	21%	13%
Decreased	8%	8%	8%	11%	8%	6%	10%	7%	2%	7%	4%	3%	10%	8%	7%	5%	9%	17%	7%	10%	11%
Not sure	27%	26%	27%	7%	20%	47%	23%	18%	24%	34%	43%	27%	25%	19%	16%	33%	29%	11%	27%	24%	23%
Groceries																					
Increased	82%	78%	86%	73%	81%	90%	79%	84%	91%	90%	86%	79%	75%	79%	84%	86%	73%	78%	83%	81%	73%
Stayed the same	13%	16%	9%	17%	14%	8%	15%	12%	7%	7%	10%	18%	19%	13%	11%	10%	20%	15%	13%	12%	11%
Decreased	4%	4%	4%	8%	4%	2%	5%	5%	2%	2%	3%	3%	4%	8%	4%	4%	5%	7%	3%	6%	11%
Not sure	1%	1%	1%	1%	1%	0%	1%	0%	0%	1%	1%	0%	2%	0%	0%	0%	2%	0%	1%	1%	5%

Over the past two months, have you done any of the following?



	British Columbia	GENDER		AGE			REGION					ANNUAL HOUSEHOLD INCOME			ETHNICITY			VOTE IN 2020 PROVINCIAL			
		Male	Female	18-34	35-54	55+	Metro Vancouver	Fraser Valley	Northern BC	Southern BC	Vancouver Island	<\$50K	\$50-100K	\$100K+	Indigenous / First Nation	European	East Asian	South Asian	BC NDP	BC LIB	BC GRN
Cut back on dining out on the weekend	64%	58%	69%	62%	67%	61%	62%	64%	67%	64%	67%	70%	55%	64%	64%	65%	58%	70%	64%	59%	61%
Cut back on buying/going out to lunch on a weekday	61%	56%	66%	63%	65%	56%	59%	60%	72%	63%	65%	64%	56%	63%	73%	62%	54%	50%	64%	57%	60%
Cut back on visits to coffee shops	56%	49%	62%	58%	57%	52%	54%	56%	67%	63%	52%	64%	51%	52%	64%	56%	50%	53%	59%	50%	56%
Cut back on treats	59%	53%	65%	62%	61%	55%	59%	56%	67%	50%	67%	67%	51%	63%	57%	59%	58%	60%	62%	53%	56%
Switched packaged food brands to lower priced alternatives	44%	40%	49%	44%	49%	40%	44%	47%	51%	39%	47%	49%	36%	38%	61%	43%	32%	46%	48%	35%	34%
None of these	14%	19%	10%	8%	12%	21%	13%	13%	5%	19%	18%	14%	17%	16%	9%	13%	24%	10%	12%	21%	15%

All things considered, would you say your diet has been healthy over the past two months?



	British Columbia	GENDER		AGE			REGION					ANNUAL HOUSEHOLD INCOME			ETHNICITY			VOTE IN 2020 PROVINCIAL			
		Male	Female	18-34	35-54	55+	Metro Vancouver	Fraser Valley	Northern BC	Southern BC	Vancouver Island	<\$50K	\$50-100K	\$100K+	Indigenous / First Nation	European	East Asian	South Asian	BC NDP	BC LIB	BC GRN
Definitely	18%	20%	17%	15%	18%	20%	18%	19%	14%	19%	18%	18%	19%	25%	11%	19%	13%	21%	19%	21%	19%
Probably	43%	45%	41%	46%	39%	45%	43%	41%	56%	42%	40%	35%	43%	43%	30%	43%	47%	40%	42%	52%	45%
Probably not	26%	23%	30%	25%	29%	25%	26%	19%	21%	28%	32%	26%	23%	24%	36%	26%	28%	26%	28%	21%	21%
Definitely not	8%	7%	9%	9%	9%	7%	8%	13%	7%	9%	8%	17%	9%	5%	16%	8%	5%	14%	8%	4%	13%
Not sure	4%	4%	4%	5%	5%	3%	4%	8%	2%	2%	2%	5%	7%	3%	7%	4%	8%	0%	3%	2%	2%

To respondents who say their diet has not been healthy over the past two months - Which of these factors have affected your ability to eat a healthy diet over the past two months?



	British Columbia	GENDER		AGE			REGION			ANNUAL HOUSEHOLD INCOME			ETHNICITY			VOTE IN 2020 PROVINCIAL					
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Inability to afford healthier foods	61%	57%	64%	63%	65%	54%	54%	74%	66%	79%	60%	79%	58%	39%	70%	62%	36%	65%	59%	52%	76%
Stress / Pressures of daily life getting in the way	51%	40%	59%	66%	58%	32%	56%	55%	33%	42%	41%	64%	50%	55%	52%	45%	48%	56%	53%	41%	43%
Finding it difficult to make lifestyle changes	38%	40%	37%	44%	42%	30%	43%	44%	50%	21%	29%	32%	40%	50%	26%	31%	51%	47%	35%	43%	29%
Lack of time for food preparation at home	33%	28%	36%	49%	38%	14%	35%	40%	25%	21%	31%	25%	42%	39%	17%	27%	25%	52%	36%	37%	28%
Lack of time to buy groceries	15%	15%	16%	20%	20%	6%	16%	22%	17%	12%	12%	18%	28%	11%	9%	13%	8%	26%	10%	22%	19%
None of these	8%	12%	4%	3%	4%	15%	8%	7%	0%	9%	8%	4%	10%	11%	4%	8%	16%	4%	8%	4%	10%