

Poll conducted by Research Co. on COVID-19 in Canada - April 3, 2020

Over the past month, are you, or other people in your household, doing each of the following activities more often, about the same, or less often than before?



| | GENDER | | AGE | | | REGION | | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | | |
|--|--------|------|--------|-------|-------|--------|-----|---------|---------|---------|--------|-----------------------|---------|----------|-------------------------|--------|-----------------|---------|
| | Canada | Male | Female | 18-34 | 35-54 | 55+ | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| Ordering food in | | | | | | | | | | | | | | | | | | |
| More often | 14% | 16% | 12% | 22% | 13% | 7% | 14% | 12% | 8% | 17% | 18% | 4% | 18% | 13% | 8% | 13% | 13% | 18% |
| About the same | 52% | 55% | 49% | 39% | 56% | 61% | 54% | 58% | 56% | 49% | 47% | 59% | 46% | 54% | 58% | 52% | 53% | 52% |
| Less often | 27% | 23% | 32% | 32% | 24% | 26% | 29% | 24% | 30% | 30% | 22% | 31% | 30% | 28% | 29% | 27% | 28% | 26% |
| Not sure | 6% | 6% | 7% | 6% | 7% | 6% | 3% | 6% | 6% | 4% | 13% | 6% | 7% | 5% | 5% | 7% | 6% | 5% |
| Exercising outside your home | | | | | | | | | | | | | | | | | | |
| More often | 10% | 9% | 10% | 11% | 11% | 7% | 6% | 6% | 7% | 13% | 12% | 9% | 12% | 8% | 8% | 7% | 9% | 14% |
| About the same | 42% | 47% | 38% | 29% | 47% | 50% | 43% | 42% | 54% | 36% | 42% | 49% | 37% | 52% | 45% | 43% | 45% | 40% |
| Less often | 42% | 39% | 45% | 51% | 37% | 40% | 46% | 47% | 36% | 46% | 38% | 36% | 46% | 37% | 41% | 44% | 40% | 43% |
| Not sure | 6% | 5% | 6% | 8% | 5% | 3% | 5% | 6% | 3% | 5% | 8% | 7% | 5% | 3% | 6% | 7% | 5% | 3% |
| Exercising at home | | | | | | | | | | | | | | | | | | |
| More often | 30% | 26% | 34% | 46% | 25% | 19% | 36% | 28% | 30% | 33% | 28% | 19% | 37% | 24% | 35% | 24% | 29% | 38% |
| About the same | 55% | 60% | 51% | 41% | 60% | 65% | 52% | 55% | 59% | 53% | 56% | 62% | 51% | 61% | 55% | 59% | 57% | 53% |
| Less often | 11% | 10% | 11% | 9% | 11% | 12% | 8% | 13% | 10% | 9% | 12% | 12% | 8% | 12% | 6% | 12% | 10% | 5% |
| Not sure | 4% | 4% | 5% | 4% | 5% | 5% | 4% | 4% | 1% | 5% | 5% | 7% | 4% | 3% | 4% | 5% | 4% | 4% |
| Streaming content online (movies, tv shows) | | | | | | | | | | | | | | | | | | |
| More often | 40% | 37% | 43% | 57% | 40% | 22% | 44% | 46% | 35% | 46% | 35% | 27% | 41% | 40% | 45% | 34% | 41% | 50% |
| About the same | 49% | 53% | 45% | 35% | 52% | 60% | 46% | 43% | 57% | 44% | 50% | 65% | 49% | 48% | 47% | 53% | 49% | 44% |
| Less often | 8% | 8% | 7% | 5% | 6% | 12% | 7% | 9% | 5% | 7% | 10% | 6% | 6% | 11% | 5% | 9% | 8% | 4% |
| Not sure | 3% | 3% | 4% | 2% | 2% | 6% | 3% | 3% | 3% | 3% | 5% | 3% | 4% | 1% | 3% | 4% | 2% | 2% |
| Reading books | | | | | | | | | | | | | | | | | | |
| More often | 27% | 23% | 31% | 34% | 25% | 24% | 35% | 31% | 20% | 33% | 21% | 18% | 29% | 32% | 29% | 26% | 24% | 37% |
| About the same | 58% | 61% | 56% | 50% | 61% | 64% | 57% | 58% | 64% | 54% | 63% | 60% | 57% | 55% | 61% | 61% | 59% | 55% |
| Less often | 10% | 12% | 8% | 11% | 10% | 10% | 6% | 6% | 15% | 9% | 11% | 16% | 10% | 12% | 4% | 10% | 12% | 6% |
| Not sure | 4% | 4% | 4% | 5% | 4% | 3% | 3% | 5% | 1% | 5% | 4% | 6% | 3% | 2% | 6% | 3% | 5% | 2% |

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Over the past month, are you, or other people in your household, doing each of the following activities more often, about the same, or less often than before?



| | GENDER | | AGE | | | REGION | | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | | |
|--|--------|------|--------|-------|-------|--------|-----|---------|---------|---------|--------|-----------------------|---------|----------|-------------------------|--------|-----------------|---------|
| | Canada | Male | Female | 18-34 | 35-54 | 55+ | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| <i>Entertainment activities that do not involve electronics (such as board games or puzzles)</i> | | | | | | | | | | | | | | | | | | |
| More often | 20% | 17% | 22% | 29% | 22% | 7% | 21% | 22% | 16% | 22% | 20% | 12% | 22% | 21% | 23% | 15% | 20% | 29% |
| About the same | 62% | 63% | 61% | 52% | 63% | 72% | 64% | 58% | 64% | 61% | 61% | 66% | 61% | 60% | 64% | 68% | 60% | 58% |
| Less often | 13% | 14% | 12% | 14% | 11% | 13% | 13% | 13% | 18% | 13% | 10% | 14% | 11% | 15% | 8% | 13% | 14% | 9% |
| Not sure | 6% | 6% | 6% | 5% | 5% | 7% | 3% | 7% | 2% | 5% | 9% | 8% | 6% | 4% | 5% | 5% | 6% | 5% |
| <i>Reading / Listening to / Watching the news</i> | | | | | | | | | | | | | | | | | | |
| More often | 61% | 55% | 66% | 67% | 57% | 58% | 61% | 70% | 54% | 63% | 55% | 63% | 67% | 60% | 63% | 60% | 57% | 73% |
| About the same | 33% | 40% | 27% | 26% | 35% | 39% | 35% | 22% | 41% | 32% | 36% | 32% | 29% | 35% | 34% | 34% | 37% | 23% |
| Less often | 5% | 5% | 5% | 5% | 7% | 3% | 4% | 7% | 5% | 4% | 5% | 5% | 4% | 5% | 3% | 5% | 5% | 3% |
| Not sure | 1% | 1% | 2% | 2% | 1% | 1% | 0% | 2% | 0% | 1% | 4% | 0% | 1% | 1% | 1% | 1% | 1% | 0% |
| <i>Communicating with relatives</i> | | | | | | | | | | | | | | | | | | |
| More often | 36% | 33% | 39% | 37% | 34% | 37% | 40% | 44% | 30% | 36% | 32% | 36% | 36% | 38% | 36% | 30% | 35% | 46% |
| About the same | 54% | 57% | 50% | 48% | 56% | 57% | 54% | 49% | 61% | 52% | 54% | 55% | 53% | 53% | 57% | 59% | 54% | 47% |
| Less often | 9% | 8% | 9% | 12% | 7% | 6% | 6% | 6% | 8% | 9% | 11% | 8% | 9% | 8% | 7% | 10% | 9% | 5% |
| Not sure | 2% | 2% | 2% | 3% | 2% | 0% | 1% | 2% | 1% | 2% | 3% | 1% | 2% | 1% | 0% | 1% | 2% | 1% |
| <i>Meditating</i> | | | | | | | | | | | | | | | | | | |
| More often | 11% | 9% | 14% | 17% | 8% | 10% | 17% | 5% | 8% | 13% | 12% | 6% | 14% | 8% | 11% | 11% | 12% | 12% |
| About the same | 64% | 65% | 63% | 57% | 67% | 68% | 65% | 68% | 66% | 63% | 60% | 69% | 64% | 65% | 71% | 62% | 63% | 71% |
| Less often | 12% | 13% | 11% | 12% | 11% | 11% | 9% | 10% | 15% | 12% | 13% | 10% | 11% | 15% | 9% | 14% | 13% | 6% |
| Not sure | 13% | 13% | 13% | 14% | 14% | 11% | 10% | 17% | 11% | 12% | 15% | 15% | 11% | 12% | 9% | 13% | 13% | 11% |
| <i>Entertainment activities that involve electronics (such as tablets, smartphones or video game consoles)</i> | | | | | | | | | | | | | | | | | | |
| More often | 41% | 36% | 46% | 58% | 38% | 28% | 43% | 44% | 35% | 48% | 34% | 36% | 43% | 37% | 49% | 37% | 40% | 50% |
| About the same | 50% | 55% | 45% | 35% | 53% | 62% | 49% | 49% | 59% | 44% | 52% | 55% | 49% | 53% | 45% | 54% | 51% | 44% |
| Less often | 6% | 6% | 6% | 5% | 6% | 7% | 5% | 4% | 4% | 5% | 9% | 8% | 6% | 7% | 4% | 6% | 6% | 5% |
| Not sure | 3% | 2% | 3% | 3% | 3% | 2% | 3% | 4% | 2% | 2% | 4% | 1% | 2% | 2% | 3% | 3% | 2% | 1% |

Over the past month, are you, or other people in your household, doing each of the following activities more often, about the same, or less often than before?



| | Profess a Religion | GENDER | | AGE | | | REGION | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | | |
|-----------------------|--------------------|--------|--------|-------|-------|-----|--------|---------|---------|---------|--------|-----------------------|---------|----------|-------------------------|--------|-----------------|---------|
| | | Male | Female | 18-34 | 35-54 | 55+ | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| <i>Praying</i> | | | | | | | | | | | | | | | | | | |
| More often | 25% | 21% | 29% | 36% | 20% | 20% | 26% | 27% | 22% | 27% | 24% | 18% | 30% | 26% | 20% | 25% | 22% | 30% |
| About the same | 60% | 61% | 58% | 47% | 63% | 66% | 62% | 54% | 68% | 57% | 57% | 65% | 58% | 60% | 62% | 60% | 62% | 59% |
| Less often | 8% | 9% | 6% | 10% | 8% | 7% | 5% | 8% | 7% | 10% | 7% | 8% | 7% | 7% | 7% | 7% | 12% | 4% |
| Not sure | 8% | 9% | 6% | 7% | 9% | 7% | 6% | 11% | 3% | 6% | 12% | 8% | 6% | 7% | 10% | 8% | 5% | 8% |

All things considered, has it been hard or easy for you to give up each of the following things during the COVID-19 outbreak?



| | GENDER | | AGE | | | REGION | | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | | |
|--|--------|------|--------|-------|-------|--------|-----|---------|---------|---------|--------|-----------------------|---------|----------|-------------------------|--------|-----------------|---------|
| | Canada | Male | Female | 18-34 | 35-54 | 55+ | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| <i>Dining out at restaurants</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 16% | 16% | 16% | 22% | 13% | 12% | 14% | 4% | 15% | 21% | 18% | 11% | 17% | 12% | 14% | 15% | 16% | 16% |
| Moderately hard | 22% | 19% | 26% | 26% | 24% | 17% | 31% | 32% | 17% | 22% | 19% | 11% | 23% | 26% | 21% | 18% | 21% | 32% |
| Moderately easy | 21% | 22% | 20% | 21% | 19% | 23% | 18% | 25% | 22% | 20% | 21% | 21% | 21% | 21% | 24% | 18% | 23% | 22% |
| Very easy | 29% | 30% | 28% | 19% | 33% | 33% | 26% | 34% | 34% | 27% | 22% | 42% | 26% | 31% | 34% | 28% | 32% | 25% |
| Not sure | 3% | 4% | 2% | 5% | 3% | 1% | 4% | 1% | 2% | 2% | 6% | 2% | 2% | 2% | 4% | 2% | 2% | 2% |
| Not applicable | 9% | 10% | 9% | 6% | 8% | 14% | 8% | 4% | 11% | 8% | 13% | 12% | 9% | 8% | 6% | 16% | 5% | 3% |
| <i>Seeing family members in person</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 18% | 13% | 23% | 22% | 15% | 18% | 22% | 19% | 15% | 20% | 17% | 11% | 19% | 17% | 21% | 16% | 20% | 18% |
| Moderately hard | 27% | 28% | 26% | 27% | 28% | 25% | 26% | 30% | 27% | 24% | 29% | 29% | 29% | 26% | 24% | 28% | 27% | 28% |
| Moderately easy | 25% | 27% | 22% | 23% | 26% | 26% | 20% | 26% | 27% | 25% | 25% | 28% | 26% | 29% | 26% | 20% | 27% | 28% |
| Very easy | 16% | 19% | 14% | 15% | 17% | 17% | 15% | 18% | 18% | 17% | 16% | 16% | 16% | 16% | 15% | 18% | 14% | 18% |
| Not sure | 4% | 4% | 3% | 3% | 5% | 3% | 3% | 4% | 5% | 2% | 5% | 5% | 3% | 3% | 2% | 4% | 3% | 2% |
| Not applicable | 10% | 9% | 11% | 8% | 9% | 12% | 14% | 3% | 9% | 11% | 8% | 11% | 7% | 10% | 12% | 15% | 7% | 6% |
| <i>Seeing friends in person</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 18% | 14% | 22% | 27% | 15% | 13% | 24% | 19% | 15% | 21% | 16% | 7% | 19% | 16% | 23% | 16% | 18% | 22% |
| Moderately hard | 26% | 24% | 27% | 28% | 25% | 25% | 29% | 24% | 22% | 22% | 31% | 28% | 30% | 22% | 21% | 25% | 25% | 32% |
| Moderately easy | 28% | 30% | 26% | 24% | 30% | 30% | 24% | 32% | 30% | 28% | 25% | 35% | 26% | 31% | 33% | 26% | 31% | 25% |
| Very easy | 20% | 24% | 16% | 14% | 22% | 24% | 17% | 20% | 25% | 22% | 17% | 20% | 17% | 26% | 19% | 20% | 20% | 18% |
| Not sure | 2% | 3% | 2% | 2% | 3% | 1% | 2% | 3% | 4% | 1% | 3% | 1% | 2% | 0% | 2% | 2% | 2% | 1% |
| Not applicable | 6% | 5% | 7% | 6% | 5% | 7% | 4% | 2% | 5% | 6% | 8% | 10% | 5% | 4% | 3% | 11% | 3% | 2% |
| <i>The ability to travel</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 23% | 20% | 26% | 32% | 19% | 17% | 24% | 26% | 15% | 27% | 21% | 14% | 24% | 22% | 19% | 18% | 24% | 29% |
| Moderately hard | 18% | 16% | 19% | 22% | 17% | 15% | 27% | 19% | 25% | 16% | 14% | 10% | 19% | 20% | 18% | 15% | 17% | 25% |
| Moderately easy | 19% | 20% | 17% | 17% | 22% | 17% | 17% | 18% | 15% | 21% | 17% | 22% | 21% | 18% | 19% | 15% | 22% | 21% |
| Very easy | 23% | 25% | 21% | 17% | 27% | 26% | 20% | 26% | 23% | 22% | 21% | 32% | 22% | 24% | 29% | 22% | 26% | 20% |
| Not sure | 3% | 4% | 2% | 4% | 2% | 2% | 1% | 3% | 6% | 2% | 3% | 3% | 3% | 1% | 3% | 3% | 2% | 1% |
| Not applicable | 15% | 15% | 15% | 8% | 14% | 24% | 10% | 9% | 17% | 12% | 23% | 18% | 11% | 15% | 12% | 27% | 10% | 4% |

All things considered, has it been hard or easy for you to give up each of the following things during the COVID-19 outbreak?



| | GENDER | | | AGE | | | REGION | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | | |
|---|--------|------|--------|-------|-------|-----|--------|---------|---------|---------|--------|-----------------------|---------|----------|-------------------------|--------|-----------------|---------|
| | Canada | Male | Female | 18-34 | 35-54 | 55+ | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| <i>The ability to attend entertainment events (concerts, movies, theatre)</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 18% | 18% | 18% | 28% | 14% | 13% | 19% | 18% | 18% | 23% | 14% | 10% | 21% | 17% | 15% | 18% | 19% | 17% |
| Moderately hard | 18% | 16% | 19% | 23% | 17% | 13% | 18% | 15% | 13% | 20% | 22% | 10% | 20% | 16% | 21% | 16% | 19% | 21% |
| Moderately easy | 17% | 18% | 17% | 19% | 18% | 13% | 19% | 18% | 16% | 15% | 17% | 20% | 17% | 20% | 18% | 12% | 19% | 24% |
| Very easy | 28% | 27% | 28% | 18% | 33% | 32% | 29% | 33% | 35% | 28% | 20% | 31% | 28% | 28% | 32% | 27% | 28% | 27% |
| Not sure | 3% | 4% | 2% | 3% | 3% | 2% | 2% | 3% | 5% | 2% | 4% | 2% | 2% | 1% | 1% | 3% | 3% | 1% |
| Not applicable | 16% | 17% | 16% | 9% | 14% | 27% | 13% | 12% | 14% | 12% | 24% | 26% | 11% | 18% | 13% | 25% | 12% | 9% |
| <i>The ability to watch live sports (NHL, NBA, Soccer)</i> | | | | | | | | | | | | | | | | | | |
| Very hard | 18% | 25% | 12% | 22% | 16% | 16% | 18% | 19% | 17% | 21% | 16% | 15% | 20% | 19% | 16% | 17% | 19% | 21% |
| Moderately hard | 14% | 16% | 12% | 17% | 14% | 12% | 13% | 15% | 18% | 16% | 12% | 11% | 16% | 16% | 11% | 13% | 15% | 17% |
| Moderately easy | 14% | 17% | 12% | 15% | 15% | 13% | 19% | 10% | 20% | 12% | 13% | 15% | 16% | 16% | 13% | 11% | 16% | 15% |
| Very easy | 26% | 24% | 28% | 28% | 29% | 20% | 22% | 34% | 28% | 26% | 23% | 28% | 24% | 26% | 34% | 22% | 28% | 29% |
| Not sure | 3% | 4% | 2% | 2% | 5% | 1% | 2% | 3% | 5% | 3% | 3% | 0% | 2% | 0% | 4% | 3% | 3% | 2% |
| Not applicable | 25% | 15% | 34% | 17% | 21% | 37% | 26% | 18% | 13% | 22% | 33% | 30% | 22% | 23% | 24% | 35% | 19% | 17% |

Poll conducted by Research Co. on COVID-19 in Canada - April 3, 2020

All things considered, has it been hard or easy for you to have kids at home for the entire day during the COVID-19 outbreak?



| Kids at Home | GENDER | | | REGION | | | | | | VOTE IN 2019 ELECTION | | | ANNUAL HOUSEHOLD INCOME | | |
|-----------------|--------|--------|-----|--------|---------|---------|---------|--------|----------|-----------------------|----------|-----|-------------------------|-----------------|---------|
| | Male | Female | | BC | Alberta | SK / MB | Ontario | Quebec | Atlantic | Liberal | Conserv. | NDP | <\$50K | \$50K to \$100K | \$100k+ |
| Very hard | 15% | 14% | 17% | 15% | 17% | 11% | 19% | 15% | 9% | 18% | 12% | 16% | 18% | 13% | 17% |
| Moderately hard | 29% | 27% | 31% | 34% | 24% | 41% | 26% | 29% | 22% | 29% | 35% | 27% | 26% | 32% | 29% |
| Moderately easy | 24% | 26% | 22% | 26% | 31% | 14% | 23% | 24% | 27% | 26% | 24% | 24% | 21% | 23% | 27% |
| Very easy | 27% | 27% | 27% | 21% | 24% | 27% | 28% | 26% | 40% | 24% | 27% | 29% | 30% | 27% | 25% |
| Not sure | 4% | 5% | 3% | 4% | 4% | 7% | 3% | 5% | 2% | 3% | 2% | 5% | 6% | 5% | 2% |