

Poll conducted by Research Co. on Religion in British Columbia - April 18, 2019

Other than special occasions such as weddings, baptisms or funerals, how often do you attend religious services?



	GENDER		AGE			REGION				
	British Columbia	Male	Female	18-34	35-54	55+	Lower Mainland	Vancouver Island	Southern BC	Northern BC
At least once a week	3%	3%	3%	3%	2%	5%	2%	3%	7%	3%
At least once a month	13%	12%	13%	13%	12%	14%	13%	11%	15%	11%
A few times a year	18%	19%	17%	15%	18%	22%	21%	14%	13%	24%
Never	67%	66%	67%	70%	68%	59%	64%	72%	66%	62%

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Which of the following statements comes closest to your own point of view?



	British Columbia	GENDER		AGE			REGION			
		Male	Female	18-34	35-54	55+	Lower Mainland	Vancouver Island	Southern BC	Northern BC
I am convinced that God exists	39%	35%	43%	32%	38%	45%	34%	36%	48%	50%
I tend to believe that God exists	22%	21%	22%	24%	20%	22%	23%	19%	20%	25%
I tend to believe that God does not exist	13%	14%	12%	13%	13%	12%	14%	15%	11%	4%
I am convinced that God does not exist	16%	19%	13%	17%	17%	14%	16%	23%	13%	3%
Not sure	11%	10%	11%	14%	11%	7%	12%	8%	8%	18%

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Which of the following activities have you done in the past 12 months?



	British Columbia	GENDER		AGE			REGION			
		Male	Female	18-34	35-54	55+	Lower Mainland	Vancouver Island	Southern BC	Northern BC
Meditated	27%	23%	32%	31%	26%	26%	27%	28%	27%	33%
Prayed to God	24%	18%	30%	23%	21%	29%	22%	21%	29%	34%
Visited a mental health professional, such as a psychiatrist or a psychologist	11%	11%	11%	14%	14%	5%	8%	12%	15%	21%
Visited a "life coach" to help identify personal goals	7%	7%	6%	10%	6%	6%	5%	8%	8%	10%
Confessed / Sought advice from a religious figure	2%	2%	2%	1%	1%	5%	2%	2%	2%	3%
None of these	42%	50%	34%	32%	45%	47%	45%	38%	40%	33%